

HELP4TN Blog



The HELP4TN blog exists to be a resource to Tennesseans looking for legal information about a variety of topics. These blog posts are written by HELP4TN staff attorneys, unless otherwise noted. These blogs are not intended to be legal advice. Instead, they contain legal information to help you learn about your rights. Read our latest posts:

Free Divorce Forms for Couples with Children

Learn about Tennessee's free online divorce forms for couples with children. This blog post will help you determine whether you are eligible to use them and guide you as to where to find them.

Free Divorce Forms for Couples with NO Children

Learn about Tennessee's free online divorce forms for couples with NO children. This blog post will help you determine whether you are eligible to use them and guide you as to where to find them.

Power of Attorney for a Minor Child

If a parent is unable to take care of their child for a period of time, Tennessee law allows them to temporarily give another adult the authority to do so. This blog post provides a free online form to grant power of attorney for a minor child without needing to go to court.

How do I Change my Child Support Order?

If you're paying child support or receiving child support with a court order, that order can be modified in some cases. Our blog tells you about the 15% rule and how to ask for a modification to your child support order.

What if my Spouse won't Sign Divorce Papers?

You can still get a divorce if your spouse won't sign divorce papers. Our blog walks you through the steps of a divorce, shows how you don't need your spouse's approval at any step, and provides you online resources for starting your divorce.

Your Rights at a Hotel or Motel in Tennessee

If you stay at or live in a hotel or motel, you should know its rights and responsibilities as well as your own rights and responsibilities.

My Landlord Won't Make Repairs. What Should I do?

Our blog informs you of your rights as a renter, and what landlords must fix. If they don't, we provide information on how to ask your landlord, and a form to do so.

Computer Safety

Explore simple techniques to safeguard your privacy and stay safe from online scams.

What You Need to Know About Court Costs and Fees

You can ask judges to not have to pay court costs and fees if you cannot afford them. Our blog provides a form for you to fill out to formally ask the judge.

Guide to Workers' Compensation: Part 1

If you're injured at work, it can be confusing what to do next. Our blog will help you learn more about workers' compensation and your rights.

Tennessee Unemployment Benefits

If you are one of the millions of Americans who have filed for unemployment because of the coronavirus/COVID-19 crisis, this blog can help you learn more about your rights and how to get unemployment.

Tennessee Property Tax Relief Program

Learn more about ways to get help paying property taxes if you are a senior and are having trouble paying taxes on a home you own.

Free Help for Seniors

If you are over the age of 60, there are many resources in Tennessee to help you. Learn more with this blog post.

Why Do I Need Car Insurance in Tennessee?

Learn more about why you have to have car insurance to drive and how it can help you.

HELP4TN Day - Where to Get Free Legal Help in Tennessee

It is important to know your rights and know where to get help when you need it. This blog helps you know where to turn when you need help or have questions.

Get Free Legal Help Online with TN Free Legal Answers

Did you know that you can get connected to a volunteer attorney to ask questions for free online? TN Free Legal Answers makes it easy to get help if you can't afford a lawyer.

Timeshares in Tennessee- Your Rights and Responsibilities

Timeshare contracts can be tricky and expensive. Learn more about your rights with this blog post.

The Lemon Law in Tennessee and Your Rights

If you purchase a car in Tennessee and it doesn't work, what are your rights? This blog will help explain the limited use of the Lemon Law.

Do I Need a Will?

A will can help make sure that your wishes are carried out after you die. You can learn more about writing wills on this blog.

When a Loved One Dies: How to Probate a Will

What happens when someone dies, and how can you make sure that their property is distributed according to their wishes?

Resources for Older Tennesseans

The Tennessee Senior Law Alliance can help answer questions about living wills, powers of attorney, and public benefits, as well as many other issues facing older Tennesseans.

Going to Court

These tips will help you get ready for your court date, especially if you are representing yourself in the case.

About Parenting Plans

Parenting plans tell how two parents will share responsibility and custody of their children.

Buying a Used Car at a Dealership

Before you purchase a used car, you can learn more about your rights and responsibilities here.

Renters' Rights: Utilities

Learn more about utilities in your rental and what a landlord must provide.

Grandparent Visitation Rights

When do grandparents have a legal right to see their grandchildren? Tennessee law gives specific reasons when a court may give grandparent custody rights.

Introduction to Parent Custody Rights

The law gives different custody rights to parents depending on if the parents are married or unmarried. Learn more about your rights here.

Take Charge of Your Legal Wellness

What is Legal Wellness? Learning about your rights, responsibilities, and free resources in your area can help you protect yourself from legal issues and know when you need a lawyer

How to Hire a Lawyer

You've been sued, or you know that someone has violated your rights. Now what? Our guide will help you figure out where to find a lawyer.

Recent Updates to Veterans' Benefit Programs

In October 2018, the VA changed how they calculate income for need-based financial assistance.

Protecting Yourself from Common Scams

Do you know how to spot a scam? Learn more about common scams this year and how to protect yourself.

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