

# Senior Legal Resources



*Below you will find links to resources that provide information for seniors seeking help with legal topics. You can also find information on how to seek aid from a lawyer, if needed. Some areas of the state have more information than others. You may wish to look at information from other areas as well as your own.*

## **Statewide Resources**

### **[Tennessee Commission on Aging and Disability](#)**

The Tennessee Commission on Aging and Disability has a variety of resources available for seniors. Find out more on their website.

## **East Tennessee Resources**

### **[Legal Aid of East Tennessee](#)**

Visit Legal Aid of East Tennessee's website to find more information about their services.

### **[Legal Assistance for the Elderly - East Tennessee](#)**

This program provides legal services and referrals to those 60+. Find out more about their services and if you are eligible on their website.

**Upper Cumberland:**

<http://www.ucdd.org/aging.html>

**Middle Tennessee Resources**

*Please note that the phone numbers listed may not be for your county. To call someone in your county, use the resources below.*

**Legal Aid Society of Middle TN and the Cumberlands:**

Visit Legal Aid Society of Middle TN and the Cumberland's website to find more information about their services.

**West Tennessee**

*Please note that the phone numbers listed may not be for your county. To call someone in your county, use the resources below.*

**West TN Legal Services**

Find more information about West Tennessee Legal Services on their website.

**Memphis**

**Memphis Area Legal Services**

Visit Memphis Area Legal Services' website to find more information about their services. You can also see if you are eligible to receive help.

**Legal Advice**

**TN Free Legal Answers**

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Visit <https://tn.freelegalanswers.org/> to sign up.

Last updated on May 22, 2024.

Files

[Senior Volunteer Transportation Program Map](#)

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14 Apr 2022



## Free Senior Legal Helpline

Are you a senior citizen with legal questions? If you're 60 or older...

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