

Senior Legal Resources



Below you will find links to resources that provide information for seniors seeking help with legal topics. You can also find information on how to seek aid from a lawyer, if needed. Some areas of the state have more information than others. You may wish to look at information from other areas as well as your own.

Statewide Resources

[Tennessee Commission on Aging and Disability](#)

The Tennessee Commission on Aging and Disability has a variety of resources available for seniors. Find out more on their website.

East Tennessee Resources

[Legal Aid of East Tennessee](#)

Visit Legal Aid of East Tennessee's website to find more information about their services.

[Legal Assistance for the Elderly - East Tennessee](#)

This program provides legal services and referrals to those 60+. Find out more about their services and if you are eligible on their website.

Upper Cumberland:

<http://www.ucdd.org/aging.html>

Middle Tennessee Resources

Please note that the phone numbers listed may not be for your county. To call someone in your county, use the resources below.

Legal Aid Society of Middle TN and the Cumberlands:

Visit Legal Aid Society of Middle TN and the Cumberland's website to find more information about their services.

West Tennessee

Please note that the phone numbers listed may not be for your county. To call someone in your county, use the resources below.

West TN Legal Services

Find more information about West Tennessee Legal Services on their website.

Memphis

Memphis Area Legal Services

Visit Memphis Area Legal Services' website to find more information about their services. You can also see if you are eligible to receive help.

Legal Advice

TN Free Legal Answers

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Visit <https://tn.freelegalanswers.org/> to sign up.

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Files

[Senior Volunteer Transportation Program Map](#)

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Need Legal Help? Check Out Our Chat Bots! We currently have three...

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14 Apr 2022



Free Senior Legal Helpline

Are you a senior citizen with legal questions? If you're 60 or older...

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